

2026 Island Fitness Conference Accreditation Table

Saturday, October 24th, 2026 7am-4pm

Full Conference: Pre-Session - 7-8am Keynote - 8:30-10am, Session 1 - 10:30am-12pm, Session 2 - 1-2:30pm & Session 3 - 3-4:30pm (7 hrs)

	Time	British Columbia Recreation & Parks Association (BCRPA)	Canfitpro	Canadian Society for Exercise Physiology (CSEP)	British Columbia Association of Kinesiologists (BCAK)	National Strength & Conditioning Association (NSCA)*	Canadian Athletic Therapist Association (CATA)	American College of Sports Medicine (ACSM)	National Federation of Professional Trainers (NFPT)	International Sport Sciences Association (ISSA)
Per Session	1.5 hrs	1.5	1	1.5	1	0.15	1	1.5	0.3	1.5
Full Conference (Including Pre-Session)	6.0 hrs	6	4	7.5	6	0.6	6	6	1.2	6
	7.0 hrs	7								
Submission Requirements		Pre-Approved. Upload certificate of completion under CEC Log section through the Registry. https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/	Pre-Approved Submit certificate of completion after event to add CECs to profile. https://www.canfitpro.com/preferred-education-providers/	Category C-4. Provide registration receipt, name badge and/or certificate of attendance. https://csep.ca/membership-overview/csep-professional-development-credits/	Category 1-A. https://bcak.bc.ca/kinesiologists/continuing-education/	Category A. Must include photocopy of attendance certificate including total hours attended as a non-NSCA event. *Group Fitness content not eligible for CEU's https://www.nasca.com/certification/continuing-education/	Must complete Accreditation Application Package – Appendix A https://athletictherapy.org/resources/accreditationprocess	Non-ACSM endorsed program. Must provide proof of attendance and number of CECs earned. https://www.acsm.org/certification/recertification/FAQs	Must complete Recertification Submission Form /Request for Approval and include certificate of completion, participation hours, course provider, course title, and course venue. https://www.nfpt.com/continuing-education	Submit petition for CEU Program Approval form. Must include certificate of completion. https://www.issaonline.com/continuing-education/approved-providers

For more information:

<https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/>
<https://www.canfitpro.com/preferred-education-providers/>
<https://csep.ca/membership-overview/csep-professional-development-credits/>
<https://bcak.bc.ca/kinesiologists/continuing-education/>
<https://www.nasca.com/certification/continuing-education/>
<https://athletictherapy.org/resources/accreditationprocess>
<http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2>
<https://www.nfpt.com/continuing-education>
<https://www.issaonline.com/pdf/ceu-petition.pdf>

CATA: <https://athletictherapy.org/en/becoming-an-athletic-therapist/maintaining-certification/>