

# 2025 Island Fitness Conference Accreditation Table

Full Conference: Pre-Session - 7-8am Keynote - 8:30-10am, Session 1 - 10:30am-12pm, Session 2 - 1-2:30pm & Session 3 - 3-4:30pm (7 hrs)

	Time	British Columbia Recreation & Parks Association (BCRPA)	Canfitpro	Canadian Society for Exercise Physiology (CSEP)	British Columbia Association of Kinesiologists (BCAK)	National Strength & Conditioning Association (NSCA)*	Canadian Athletic Therapist Association (CATA)	American College of Sports Medicine (ACSM)	National Federation of Professional Trainers (NFPT)	International Sport Sciences Association (ISSA)
Per Session	1.5 hrs	1.5	1	1.5	1	0.15	1	1.5	0.3	1.5
Full Conference (Including Pre-Session)	6.0 hrs	6	4	7.5	6	0.6	6	6	1.2	6
	7.0 hrs	7								
Submission Requirements		Pre-Approved.  Upload certificate of completion under CEC Log section through the Registry. <a href="https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/">https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/</a>	Pre-Approved  Submit certificate of completion after event to add CECs to profile. <a href="https://www.canfitpro.com/preferred-education-providers/">https://www.canfitpro.com/preferred-education-providers/</a>	Category C-4. Provide registration receipt, name badge and/or certificate of attendance. <a href="https://csep.ca/membership-overview/csep-professional-development-credits/">https://csep.ca/membership-overview/csep-professional-development-credits/</a>	Category 1-A.  <a href="https://bcak.bc.ca/kinesiologists/continuing-education/">https://bcak.bc.ca/kinesiologists/continuing-education/</a>	Category A. Must include photocopy of attendance certificate including total hours attended as a non-NSCA event. <b>*Group Fitness content not eligible for CEU's</b> <a href="https://www.nasca.com/certification/continuing-education/">https://www.nasca.com/certification/continuing-education/</a>	Must complete Accreditation Application Package – Appendix A  <a href="https://athletictherapy.org/resources/accreditationprocess">https://athletictherapy.org/resources/accreditationprocess</a>	Non-ACSM endorsed program. Must provide proof of attendance and number of CECs earned.  <a href="https://www.acsm.org/certification/recertification/FAQs">https://www.acsm.org/certification/recertification/FAQs</a>	Must complete Recertification Submission Form /Request for Approval and include certificate of completion, participation hours, course provider, course title, and course venue. <a href="https://www.nfpt.com/continuing-education">https://www.nfpt.com/continuing-education</a>	Submit petition for CEU Program Approval form. Must include certificate of completion. <a href="https://www.issaonline.com/continuing-education/approved-providers">https://www.issaonline.com/continuing-education/approved-providers</a>

For more information:

<https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/>  
<https://www.canfitpro.com/preferred-education-providers/>  
<https://csep.ca/membership-overview/csep-professional-development-credits/>  
<https://bcak.bc.ca/kinesiologists/continuing-education/>  
<https://www.nasca.com/certification/continuing-education/>  
<https://athletictherapy.org/resources/accreditationprocess>  
<http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2>  
<https://www.nfpt.com/continuing-education>  
<https://www.issaonline.com/pdf/ceu-petition.pdf>

CATA: <https://athletictherapy.org/en/becoming-an-athletic-therapist/maintaining-certification/>