

2023 Island Fitness Conference Accreditation Table

	Time	British Columbia Recreation & Parks Association (BCRPA)	Canadian Society for Exercise Physiology (CSEP)	British Columbia Association of Kinesiologists (BCAK)	National Strength & Conditioning Association (NSCA)*	American College of Sports Medicine (ACSM)	National Federation of Professional Trainers (NFPT)	International Sport Sciences Association (ISSA)
Per Session	1.5 hrs	1.5	1.5	1.5	0.15	1.5	0.3	1.5
Full Conference	6.0 hrs	7	7.5	6	0.6	6	1.2	6
Submission Requirements		Pre Approved. Upload certificate of attendance under CEC Log section through the Registry	Category C-4. Provide registration receipt, name badge and/or certificate of attendance.	Category I-A.	Category A. Must include photocopy of attendance certificate including total hours attended as a non-NSCA event. *Group Fitness content not eligible for CEU's	Non-ACSM endorsed program. Must provide proof of attendance and number of CEC's earned	Must complete Recertification Submission Form /Request for Approval and include certificate of completion, participation hours, course provider, course title, and course venue.	Submit petition for CEU Program Approval form. Must include certificate of completion.

For more information:

<https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/>
<https://csep.ca/en/membership/professional-development-credits>
<https://bcak.bc.ca/kinesiologists/continuing-education/>
<https://www.nasca.com/certification/continuing-education/>
<http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2>
<https://www.nfpt.com/continuing-education>
<https://www.issaonline.com/pdf/ceu-petition.pdf>

If you are certified through canfitpro or CATA, you can still petition your certifying body for credits for this event.

Canfitpro Continuing Education Credit Recognition Request: <https://www.canfitpro.com/wp-content/uploads/2019/03/CEC-Request-Form-2019-rewritable.pdf>

CATA: <https://athletictherapy.org/en/becoming-an-athletic-therapist/maintaining-certification/>