

2022 Island Fitness Conference Accreditation Table

	Time	British Columbia Recreation & Parks Association (BCRPA)	Canadian Society for Exercise Physiology (CSEP)	British Columbia Association of Kinesiologists (BCAK)	National Strength & Conditioning Association (NSCA)	Canadian Athletic Therapists Association (CATA)	American College of Sports Medicine (ACSM)	National Federation of Professional Trainers (NFPT)	International Sport Sciences Association (ISSA)*	canfitpro*
Per Session	1.5 hrs	1.5	1.5	1.5	0.15	0.15	1.5	0.3	1.5	1CEC/2 hrs
Per Day	6.0 hrs	7	7.5	6	0.6	0.6	6	1.2	6	3.0
Full Conference	13.5 hrs	13.5	15	12	1.2	1.2	12	2.0	12	4.0
Submission Requirements			Category C-4. Provide registration receipt, name badge and/or certificate of attendance.	Category 1-A.	Category A. Must include proof of participation including total hours attended. Group Fitness not eligible for CEU's	Category E. Include on Continuing Education Summary Form, registration receipt or copy of course certificate required	Non-ACSM endorsed program. Must provide proof of attendance and number of CEC's earned	Must include certificate of completion as well as participation hours, provider and subject matter.	Submit petition for CEU Program Approval form. Must include certificate of completion *Additional fees per course submitted	Non canfitpro approved CEC. Submit CEC Request form. *Additional fees per CEC requested

For more information:

- <https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/>
- http://csep.ca/cmfiles/certifications/CSEP_PDC_Chart.pdf
- https://bcak.bc.ca/documents/79/CESP_2021_Categories_Form_1.pdf
- <https://www.nasca.com/ceus/>
- <http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2>
- <https://www.nfpt.com/certification/renew/>
- <https://www.issaonline.com/continuing-education>
- <https://canfitpro.com/en/certification/stay-certified>