

2019 Island Fitness Conference Accreditation Table

	Time	British Columbia Recreation & Parks Association (BCRPA)	Canadian Society for Exercise Physiology (CSEP)	British Columbia Association of Kinesiologists (BCAK)	National Strength & Conditioning Association (NSCA)*	American College of Sports Medicine (ACSM)	National Federation of Professional Trainers (NFPT)	International Sport Sciences Association (ISSA)*
Per Session	1.5 hrs	1.5	1.5	1.5	0.15	1.5	0.3	1.5
Per Day	6.0 hrs	7	7.5	6	0.6	6	1.2	6
Full Conference	14.0 hrs	14	15	12	1.2	12	2.0	12
Submission Requirements			Category C-4. Provide registration receipt, name badge and/or certificate of attendance.	Category 1-A.	Category A. Must include photocopy of attendance certificate including total hours attended as a non-NSCA event. *Group Fitness content not eligible for CEU's	Non-ACSM endorsed program. Must provide proof of attendance and number of CEC's earned	Must complete Recertification Submission Form /Request for Approval and include certificate of completion, participation hours, course provider, course title, and course venue.	Submit petition for CEU Program Approval form. Must include certificate of completion. *Additional fee of \$10 per course submitted

For more information:

<https://www.bcrpa.bc.ca/fitness-program/approved-courses-workshops/>

<https://csep.ca/en/membership/professional-development-credits>

https://bcak.bc.ca/documents/79/Continuing_Education_Standards_Program_03-2019.pdf

https://www.nasca.com/uploadedFiles/NSCA/Resources/PDF/Certification/Certification_Resources/2018-20_Recert_.PDF

<http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2>

<https://www.nfpt.com/wp-content/uploads/RECERTIFICATION-PACKET.pdf>

<https://www.issaonline.com/pdf/ceu-petition.pdf>

If you are certified through canfitpro or CATA, you can still petition your certifying body for credits for this event.

Canfitpro Continuing Education Credit Recognition Request: <https://www.canfitpro.com/wp-content/uploads/2019/03/CEC-Request-Form-2019-rewritable.pdf>

CATA: <https://athletictherapy.org/en/becoming-an-athletic-therapist/maintaining-certification/>